



Making new connections Breastfeeding from birth and beyond



NORTH SHORE
MEDICAL CENTER



MassGeneral for Children[®]
at North Shore Medical Center

Breastfeeding Support Group

Whether you are a new or experienced mom, every breastfeeding experience is different.

Join us for a free drop-in support group for breastfeeding moms and babies. Facilitated by lactation specialists, the group offers mother-to-mother support and sharing of tips and techniques, as well as other childcare topics. Women who are pregnant and interested in breastfeeding are also invited to attend.

Bring a comfy pillow or cushion and enjoy learning and sharing in a comfortable, relaxed environment.

Meets every Friday from 9-11 a.m.

Lynch Conference Room
MassGeneral *for* Children at
North Shore Medical Center
57 Highland Avenue, Salem

For more information please call
888 - 217- MILK (6455)

- Learn tips and techniques for breastfeeding success.
- Make new friends who have an interest in breastfeeding.
- Share experiences in transitions within motherhood and stages of child development.
- This group is offered for free and no registration is required.



