

**FIRST:
FAMILY SAFETY**

Contact: 911
Local ER's
North Shore Emergency
Services: (866) 523-1216

Children Unsafe? Contact DCF:
Cape Ann/Salem: (978) 825-3800
Lynn: (781) 477-1600
Haverhill: (978) 469-8800
Child at Risk Hotline: (800) 792-5200

**SECOND: LEVEL OF ISOLATION
(Any Support System in Place? What Kind?)**

Woman Seems
Somewhat Isolated

Woman Seems
Isolated/Very Isolated

Refer to:

1. Birth to Three Center: (978) 412-0123
2. Beverly Hospital Support Group: (978) 922-3000 x2716
3. Early Intervention (978) 921-1182
4. Pathways for Children (978) 281-2400

Refer to:

1. Counselors and Prescribers on Resource List:
<http://northshorepostpartumhelp.org>
2. HES: (978) 356-1776
3. Catholic Charities: (978) 744-6820

NO

THIRD:
Has there already been a Diagnosis?
(e.g. PPD, Depression, Anxiety, OCD)
Is Treatment needed?

YES

**FOURTH:
STRESSORS and/or BARRIERS TO CARE**

No or Little
Regular, Quality
Child Care

Financial
Hardship

Uninsured or
Underinsured

Refer to:

Catholic Charities: (617) 522-4040
Pathways: (978) 281-2400
Headstart: (800) 763-6481

Refer to:

WIC: (781) 599-7290
NSCAP: (978) 531-0767
Action: (978) 282-1000
Local Food Pantries

Refer to:

Commonwealth Care: (877) 623-6767
DTA: (978) 825-7300
TAFDC: (800) 841-2900